

Types of Psychologists

All psychologists in Australia hold registration with the Psychology Board of Australia, meeting high standards in education, training, supervised practice, ethical and professional standards, and ongoing professional development.

Provisional Psychologist

A provisional psychologist has completed a 4 year degree in psychology and is working towards full registration as a psychologist under the Australian Health Practitioner Regulation Agency, also known as AHPRA. Provisional psychologists provide the same assessments and interventions as a registered psychologist. All of the provisionally registered psychologists at Mudgee Psychology are qualified and knowledgeable in aspects of the services they provide and their client work is overseen by a clinical supervisor, Alison Nipperess. Being under supervision means that they are able to discuss their assessments and therapy implementation with a supervisor for additional guidance and their work is closely monitored with regards to the application of knowledge, method, principles, techniques and ethical standards.

Provisional psychologists are not eligible to offer Medicare rebates, which means that even if you have a mental health care plan GP referral you will not be able to claim any money back from Medicare.

Registered Psychologist

Psychologists with general registration have a minimum of six years of university training and supervised experience, and build on this every year with ongoing education to keep their skills and knowledge up to date.

Medicare rebates apply to services provided by a registered psychologist if you have a GP mental health care plan referral.

Clinical Psychologist

In addition to the six years of university training and supervised experience for general registration requirements, clinical psychologists have undertaken a further 4 years of training including a Clinical Masters degree and further supervised practise to achieve a “clinical practice endorsement”.

Medicare rebates apply to services provided by a clinical psychologist if you have a GP mental health care plan referral.

Whichever type of psychologist, you should expect the same quality of care and standards of practice. They all use evidence-based psychological approaches customised to suit each individual, issue or challenge, and are committed to ongoing professional development and high standards of practice.